

Unity Principles

1. God is the source and creator of all. There is no other enduring power. God is good and present everywhere.
2. We are spiritual beings, created in God's image. The spirit of God lives within each person; therefore, all people are inherently good.
3. We create our life experiences through our way of thinking, feeling and acting.
4. There is power in affirmative prayer, which we believe increases our connection to God.
5. Knowledge of these spiritual principles is not enough. We must live them. Unity is a way of life.

Unity Core Beliefs

1. There is one infinite, all-inclusive, creative, living Intelligence beyond and within the universe. Whether we call it God, Brahman, Allah, Spirit or some other name, It is the Great All in which all things exist and of which all things have been made.
2. The Oneness of God and humanity is inseparable. Our life is a spiritual journey toward an awareness of the true source of our being. The ultimate destiny of every individual soul is to awaken to the true source of its being—God Itself.
3. Our essence is spiritual and each person is a unique expression of God endowed with unlimited potential and although this "spark of the divine" may be diminished or masked at times, it can never be extinguished.
4. There is one God, but many paths to God. Therefore, we respect each individual's freedom in matters of faith and seek to be a light to others as they pursue their path rather than pressure them to conform to our path.
5. We have a creative relationship with our experience of life. The universe operates according to spiritual laws, which allows us to co-create our life experience consciously. Through right alignment with spiritual law and conscious contact with the Creative Intelligence within, we can achieve happiness and fulfillment.
6. The Kingdom of Heaven is within and our purpose is to realize this Kingdom on earth through removing the blocks to our awareness of love's presence.
7. The law of reciprocity: What we give, whether it be love, talent, time or dollars, multiplies and circulates back to us; and service to others is the highest activity to which one can aspire.